



# B&K ALLERGEN NUTRITIONAL INFO

	Contains Crustaceans or Shellfish	Contains Fish or Fish Products	Contains Molluscs	Contains Gluten or Gluten Products	Contains Soya	Contains Milk or Milk Products	Contains Celery/ Celeriac Products	Contains Mustard or Mustard Products	Contains Sesame Seed or Sesame Seed Products	Contains Lupin Flour /Lupin Products	Contains Eggs/ Egg Derivatives	Contains Nuts or Nut Trace	Contains Peanuts	Contains Sulphur Dioxide E220 (if greater than 10mg/kg)
<b>Main menu</b>														
Spiced Lamb Kofta						✓								✓
Loaded Nachos						✓								✓
Loaded Nachos with chilli				✓		✓			may contain					✓
Mexican Lager & Corn Soup				✓		✓	✓	✓			✓			
Garlic Cheese Flatbread				✓		✓								✓
B&K Wings (BBQ and Hot Buffalo)				✓		✓	✓	✓			✓			
Breaded Whitebait		✓		✓						✓	✓			✓
Tortilla Chips & Beer Dips				✓		✓	may contain	✓		✓	✓			
Beer Can Chicken				✓		✓					✓			✓
BBQ Platter				✓		✓					✓			
Loaded Nachos (to share)														
Veggie Platter				✓		✓	✓	✓						
Classic Ceasar		✓		✓		✓					✓			
Pea, Broad, Bean, and Grilled Feta				✓		✓								✓
Asian Rojak		✓			✓		✓					✓		
10 oz Rump Steak										✓				
Steak Sauces - Pepper Sauce				✓		✓	✓	✓			✓			✓
Steak Sauces - Blue Cheese						✓								
Chicken, Wild Mushrooms & Cask Ale Pie				✓		✓	may contain	✓			✓	may contain	may contain	
Cajun Gumbo	✓			✓			✓					may contain	may contain	
Rack of BBQ Ribs						✓					✓			
Fish & Chips		✓		✓						✓	✓			✓
Pan Fried Sole Fillets		✓				✓								
Sweet Potato & Red Pepper Frittata						✓					✓	may contain	may contain	
B&K Classic Burger				✓	may contain	may contain			may contain		✓			✓
The Ridiculous Burger				✓	may contain	✓	✓		may contain		✓			✓



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<b>Main menu</b>														
Newyorker Burger				✓	may contain	✓	✓		may contain		✓			✓
Funky Chicken				✓	may contain	may contain			may contain		✓			✓
Lamb & Rosemary Burger				✓	may contain	✓			may contain		✓			✓
Spicy Bean Burger				✓	may contain	✓			may contain		✓			✓
Skin-On Fries										✓				
Skin-On Chunky Chips										✓				
Chilli Cheese Fries				✓		✓			may contain					✓
IPA Battered Onion Rings				✓										✓
Slaw											✓			
House Salad														✓
Buttered Corn Cobs						✓								
<b>Lunch menu</b>														
B.E.L.T				✓	✓	✓					✓			
Chip & Cheese Butty				✓	✓	✓				✓				
Roasted Bell Peppers				✓	✓	✓								
BBQ Pulled Pork				✓	✓	✓	✓				✓			✓
Homemade Fish Fingers		✓		✓	✓	✓					✓			✓
Classic Mac & Cheese				✓		✓		✓						✓
Katsu Chicken Curry				✓	✓			✓			✓			
<b>Dessert menu</b>														
Vanilla Creme Brulee				✓	may contain	✓					✓	✓	may contain	✓
Cherry Bakewell Cheesecake				✓	✓	✓					✓	may contain	may contain	
Sticky Toffee Pudding				✓	may contain						✓	may contain	may contain	
Glazed Doughnut Ice Cream Sandwich				✓	✓	✓			may contain		✓			
Chocolate & Cask Ale Fondue				✓	✓	✓			may contain		✓			