

	Suitable for Vegetarians	Suitable for Vegans	Contains Peanuts	Contains Nuts	Contains Eggs / Egg Derivatives	Contains Fish or Fish Products	Contains Crustaceans	Contains Molluscs	Contains Milk or Milk Products	Contains Soya	Contains Wheat	Contains Barley	Contains Oat	Contains Rye	Contains Spelt	Contains Kamut	Contains Gluten or Gluten Products	Contains Sesame Seed	Contains Celery / Celeriac	Contains Mustard	Contains Sulphite (if greater than 10mg/kg)	Contains Lupin Flour
STARTERS																						
WARM CIABATTA & SICILIAN OLIVES	✓	✓									✓	✓		✓			✓				✓	
BLISTERED PADRON PEPPERS	✓	✓																				
HOUSE SOUP	✓	✓									✓	✓		✓			✓					
PRETZEL & CRAFT BEER CHEESE DIPPING SAUCE	✓								✓		✓	✓		✓			✓					
BUTTERMILK CHICKEN WINGS (BUFFALO)									✓		✓						✓					
BUTTERMILK CHICKEN WINGS (HONEY)									✓	✓	✓						✓	✓			✓	
BUTTERMILK CHICKEN WINGS (BEER-B-CUE)									✓		✓	✓	✓				✓					
PORK BELLY BURNT ENDS											✓	✓	✓				✓					
SLOW COOKED BBQ RIBS										✓	✓	✓	✓				✓					
B&K LOADED DIPPING BEER NACHOS	✓								✓		✓	✓		✓	✓	✓	✓				✓	
BK LOADED DIPPING BEER NACHOS - SHARING	✓								✓		✓	✓		✓	✓	✓	✓				✓	
PANKO CRUMBED SALT & PEPPER CALAMARI								✓	✓		✓						✓					
HALLOUMI FRIES	✓				✓				✓	✓	✓						✓				✓	
SPICY BUFFALO CAULI WINGS	✓	✓								✓	✓						✓					
SWEET POTATO & CHICKPEA FALAFELS	✓	✓																			✓	
EDAMAME & PEA GYOZAS	✓	✓								✓	✓						✓	✓				
PATATAS BRAVAS	✓																				✓	
SMOKEY CHORIZO																						
MARYLAND CRAB CAKES					✓		✓				✓						✓		✓	✓		
WILD CAUGHT GARLIC KING PRAWNS							✓		✓		✓	✓		✓			✓				✓	

	Suitable for Vegetarians	Suitable for Vegans	Contains Peanuts	Contains Nuts	Contains Eggs / Egg Derivatives	Contains Fish or Fish Products	Contains Crustaceans	Contains Molluscs	Contains Milk or Milk Products	Contains Soya	Contains Wheat	Contains Barley	Contains Oat	Contains Rye	Contains Spelt	Contains Kamut	Contains Gluten or Gluten Products	Contains Sesame Seed	Contains Celery / Celeriac	Contains Mustard	Contains Sulphite (if greater than 10mg/kg)	Contains Lupin Flour
MAINS																						
BEER CAN CHICKEN 1/4					✓				✓	✓	✓	✓	✓	✓			✓	✓		✓	✓	
BEER CAN CHICKEN 1/2					✓				✓	✓	✓	✓	✓	✓			✓	✓		✓	✓	
BEER CAN CHICKEN WHOLE					✓				✓	✓	✓	✓	✓	✓			✓	✓		✓	✓	
"BREWER'S CASK ALE BATTERED FISH & CHIPS "					✓	✓				✓	✓	✓		✓			✓			✓		
BREWER'S CASK ALE BATTERED HALLOUMI & CHIPS	✓				✓				✓		✓	✓		✓			✓			✓		
MAC & CHEESE	✓								✓		✓	✓		✓			✓			✓		
STEAK, STOUT & MUSHROOM PIE					✓				✓		✓	✓					✓					
B&K HOUSE SALAD (CAJUN BUTTERMILK CHICKEN BREAST)									✓										✓			
B&K HOUSE SALAD (GRILLED KING PRAWNS)							✓														✓	
B&K HOUSE SALAD (GRILLED HALLOUMI)	✓								✓													
SLOW COOKED BBQ RIBS					✓				✓	✓	✓	✓					✓					
"BUTTERNUT SQUASH & LENTIL FILO PARCEL"	✓	✓									✓						✓					
GAMMON, EGG & CHIPS					✓																	
BBQ PLATTER					✓				✓	✓	✓	✓	✓	✓			✓				✓	
10OZ RIBEYE STEAK									✓								✓					
7OZ TRI-TIP RUMP STEAK									✓								✓					
BUDDHA BOWL	✓	✓																✓		✓	✓	
CRAB CAKES & POACHED EGG					✓		✓		✓		✓						✓		✓	✓		

BRUNCH MENU

	Contains Crustaceans or Shellfish	Contains Fish or Fish Products	Contains Molluscs	Contains Gluten or Gluten Products	Contains Soya	Contains Milk or Milk Products	Contains Celery / Celeriac Products	Contains Mustard or Mustard Products	Contains Sesame Seed or Sesame Seed Products	Contains Lupin Flour / Lupin Products	Contains Eggs / Egg Derivatives	Contains Nuts or Nut Trace	Contains Peanuts	Contains Sulphur Dioxide E220 (if greater than 10mg/kg)
B&K FULL ENGLISH BREAKFAST Smoked streaky bacon, pork & ale sausage, 2 fried free range eggs, buttered mushrooms, roasted plum tomatos, hash brown, black pudding, smokey beans & toast with butter		✓ WORCESTER SAUCE		✓	✓	✓		✓	MAY CONTAIN		✓			✓
BUTTERMILK PANCAKES Topped with strawberry, blueberry, banana & maple syrup				✓		✓					✓			
SMOKED BACON EGGS BENEDICT Poached free range eggs, smoked streaky bacon served on an english muffin with hollandaise & mixed seeds				✓	✓	✓			✓		✓			
EGGS FLORENTINE Poached free range eggs, wilted spinach, served on a toasted english muffin with hollandaise & mixed seeds				✓	✓	✓			✓		✓			
GRANOLA Yoghurt, granola & berries. Granola topped with strawberry, blueberry & maple syrup				✓		✓						✓		
AVOCADO ON TOAST Poached free range eggs, chunky avocado, mixed seeds & a pinch of chilli flakes				✓	✓				✓		✓			
B&K VEGGIE BREAKFAST 2 free range pocahed eggs, buttered mushrooms, roasted plum tomatos, red pepper hummous, smokey beans, sliced avocado, hash brown & toast with butter				✓	✓	✓		✓	✓		✓			

WORTHING	Suitable for Vegetarians	Suitable for Vegans	Contains Peanuts	Contains Nuts	Contains Eggs	Contains Fish	Contains Crustaceans	Contains Molluscs	Contains Milk	Contains Soya	Contains Wheat	Contains Barley	Contains Oat	Contains Rye	Contains Spelt	Contains Kamut	Contains Gluten	Contains Sesame Seed	Contains Celery	Contains Mustard	Contains Sulphite (if greater than 10mg/kg)	Contains Lupin
BREAKFAST																						
FULL B&K BREAKFAST					✓				✓		✓	✓		✓			✓				✓	
FULL VEGGIE BREAKFAST	✓				✓				✓	✓	✓	✓		✓			✓					
GRANOLA POT	✓			✓					✓				✓				✓					
EGGS BENEDICT					✓				✓	✓	✓						✓	✓				
EGGS FLORENTINE	✓				✓				✓	✓	✓						✓	✓				
BRUNCH BURGER					✓				✓	✓	✓						✓					
BUTTERMILK PANCAKES - CRISPY SMOKED STREAKY BACON					✓				✓		✓						✓					
BUTTERMILK PANCAKES - FRESH BANANA & BLUEBERRIES	✓				✓				✓		✓						✓					
GREEN FLASH	✓										✓	✓		✓			✓				✓	
PORRIDGE	✓								✓				✓				✓					
SHAKSHUKA	✓				✓						✓	✓		✓			✓					
SHAKSHUKA + CHORIZO					✓						✓	✓		✓			✓					
EGGY BREAD	✓				✓				✓		✓	✓		✓			✓					
BOILED EGG AND SOLDIERS	✓				✓						✓	✓		✓			✓					
KIDS PANCAKES - CRISPY SMOKED STREAKY BACON					✓				✓		✓						✓					
KIDS PANCAKES - FRESH BANANA & BLUEBERRIES	✓				✓				✓		✓						✓					
B&K LITTLE ENGLISH					✓				✓		✓	✓		✓			✓				✓	
LITTLE VEGGIE BREAKFAST	✓				✓				✓	✓	✓	✓		✓			✓					

HOT PLATED BUFFET

	Suitable for Vegetarians	Suitable for Vegans	Contains Peanuts	Contains Nuts	Contains Eggs / Egg Derivatives	Contains Fish or Fish Products	Contains Crustaceans	Contains Molluscs	Contains Milk or Milk Products	Contains Soya	Contains Gluten or Gluten Products	Contains Sesame Seed	Contains Celery / Celeriac	Contains Mustard	Contains Sulphite (if greater than 10mg/kg)	Contains Lupin
CHILLI CON CARNE																
THREE BEAN CHILLI	✓												✓			
CHICKEN TIKKA MASALA																
VEGETABLE TIKKA MASALA	✓								✓							
VEGETABLE LASAGNE VERDI	✓				✓				✓		✓			✓		
BEEF LASAGNE									✓		✓					
SKIN-ON FRIES	✓	✓									✓					
"BEER-B-CUE" CHICKEN WINGS									✓		✓				✓	
BLISTERED PADRON PEPPERS	✓	✓									✓					
LOADED NACHOS	✓								✓		✓				✓	
BUTTERED CORN COB	✓								✓		✓					
GARLIC CIABATTA BREAD	✓								✓		✓					
FRESHLY BAKED PRETZEL	✓	✓									✓					
ONION RINGS	✓								✓		✓					

BUFFET MENU

	Suitable for Vegetarians	Suitable for Vegans	Contains Peanuts	Contains Nuts	Contains Eggs / Egg Derivatives	Contains Fish or Fish Products	Contains Crustaceans	Contains Molluscs	Contains Milk or Milk Products	Contains Soya	Contains Gluten or Gluten Products	Contains Sesame Seed	Contains Celery / Celeriac	Contains Mustard	Contains Sulphite (if greater than 10mg/kg)	Contains Lupin
EGG MAYO & WATERCRESS	✓				✓				✓		✓					
WILTSHIRE CURED HAM & MATURE CHEDDAR CHEESE & DIJON MUSTARD					✓				✓		✓			✓		
MATURE CHEDDAR CHEESE & CARAMELIZED RED ONION CHUTNEY	✓				✓				✓		✓				✓	
PULLED FREE RANGE CHICKEN, SMOKED BACON MAYO & ROCKET					✓				✓		✓			✓	✓	
HALLOUMI, FIRE ROASTED RED PEPPERS, WATERCRESS, RED PEPPER HUMMUS	✓				✓				✓		✓					
ROAST PORK LOIN & APPLE SAUCE					✓				✓		✓					
ROAST BEEF, WATERCRESS & HORSERADISH					✓				✓		✓			✓		
MALDEN SEA SALT PADRON PEPPERS	✓	✓									✓					
SALT & PEPPER CALAMARI & CHILLI JAM								✓	✓		✓					
HALLOUMI FRIES & CHIPOTLE MAYO	✓				✓				✓	✓	✓					
BUFFALO CAULI WINGS & VEGAN GARLIC MAYO	✓	✓								✓	✓					
SWEET POTATO FALAFELS & SMOKED PAPRIKA TOMATO DIP	✓	✓													✓	
"BEER-B-CUE" CHICKEN WINGS									✓		✓				✓	
ONION RINGS	✓								✓		✓					

